

Bring a buddy!

introduce a friend to karate.
They get a free lesson and if they
come for a second lesson you get a
**free bar of
chocolate!**



Cut out and give to your friends



Wednesday Evenings from 7pm at South Reading Youth & Community Centre

Wado-Kai karate is a traditional, defensive style of karate suitable for everyone, irrespective of age, strength, fitness or sex.

For more information visit our website
www.readingwadokai.co.uk
or contact Lorraine 0118 962 0803
lorraine@readingwadokai.co.uk

**LEARN SELF DEFENCE • GET FIT
GAIN CONFIDENCE • HAVE FUN**

Reading Wado Kai Karate Club • South Reading Youth & Community Centre • 252 Northumberland Av • Whitley • Reading • RG2 7QA
www.readingwadokai.co.uk • info@readingwadokai.co.uk • 01189 920 803 • 07741 192 661



**1st Lesson
FREE**
All you need are comfortable
clothes (tracksuit and t-shirt)
and a bottle of water to drink.



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